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"Guru Purnima Celebrations"

Discourse part 6 by Master Kumar Garu on Sunday, the 17th of July 2011, at Hyderabad, India.

(For private circulation to WTT members)

It is very special that we have been having this group life for 3 complete days from Thursday evening to Sunday morning. The Hyderabad brotherhood has made all the arrangements with devotion and has gained the blessings of the Master.

Now we will try to recollect some points which we discussed in our previous discourses. It helps better understanding. It gets stabilized in everyone's mind.

This is the time of the year when the being has to make good alignment with the body and then with the Lord. This body has been given to the being by the Lord. So there are 3 here - The Lord, the being and the body.

The being has to farm the field (the body) for the crop to come out. Here the crop is the Etheric body and Casual Body. These two can be formed out of the physical body only. This physical body is constituted of the 5 elements, the 5 sensations, 5 sense organs and the 5 operative sense organs. It is the great wealth given to us with which everything can be gained and one can reach the divine and become divine oneself. The stories of Vasistha, Agastya, Narada, Kumaras, etc. tell us how they transformed themselves.

Vasistha told Lord Rama that all the devas, Rudras, Aditya, Kumars, etc. that we know today were all normal humans being like us. They transformed themselves through constant practice and application. So we too can become like them.

So we should first develop knowledge of the human body. Do not just do something without knowing what you are doing. Who is the Lord, who is the being and what is what? You should have all the related knowledge. You can gain knowledge while doing but you cannot just keep doing something without knowing anything.

In the beginning of the year, the Lord descends into the head centre and then slowly permeates the body from head to heart in the next three months. He then sits in the heart centre and permeates his energy to the rest of the body. So we should make an effort to get into alignment with the Lord in the heart centre.

This alignment is not possible for the one who is stuck in his body. The body should be farmed and the crop should be offered to the people around you. This human body is the greatest wonder in this creation. It is the micro cosmos. Everything that is present in the creation is present in this human body.

The human body should be experienced to the fullest. Man goes on accumulating mundane objects without any aim and fails to utilize the great wealth that is already present with him.

So the body is constituted of the 20 constituents and there are the 5 pranas (life forces) to control these 20. If you do know how to utilise these organs, their ability fades away and they do not work anymore. We have many diseases related to these organs now days because we do not use them in a proper manner.

Our legs should be used to move to places where we have a duty to perform. It can be used to go to places of divine energy. The hands should be used to do only your duties. The mouth should be used to speak only when required. Speech if not used properly can distort your energy system properly. The excretory organs won't work properly if these 3 organs are not used properly.

Then there are the 5 sense organs. The eyes should not see which is not to be seen. The ears should not hear what is not to be heard. The tongue should not taste which is not to be tasted.

All these organs were given to us to attend to our responsibilities towards our parents, children, teachers, animals, plants, etc. There are actions that we need to do. This body is given to us only to attend to those activities. So one should keep checking if this body is being utilised for responsibilities or not. The objective of this body is sacrifice. It should also be used for the welfare of the society. One who neglects his duties is a great failure in life.

Even all our professions and business that we do should be for the welfare of the society. If you just look for profit, you will not move forward in the path. If you try to earn money without doing any work, it gets accumulated as debt and all that has to be cleared. All the responsibilities that come to us are the debts that we owe in past. You cannot feel great by attending your duties. Is it so great to clear the debt that you owe?

You cannot go anywhere by neglecting all your duties. So you should know how to use your body and use it to discharge your duties and for the welfare of others.

Does the cow give you milk by beating it, by not allowing the calf to drink milk? Same is with the human body. You cannot make the body work by force.

If you utilise the body properly, the glow in the 7 constituent elements of the body increases as I told yesterday. This results in the formation of the 8th element called Ojani.

I also told about the stabilisation of the Chittam and Mind. If the body is regulated and utilised properly, this stabilization happens. Also I told about the 4 states in a human being. The Lord, the being, Buddhi and Chittam. Alignment between these 4 states is possible if these 20 constituents of the body are first regulated and utilised properly.

In the head centre, we exist as the Lord himself (I AM as THAT I AM). In the next step in the Ajna centre, both I AM and THAT I AM exists. From there we come into Buddhi and Chittam and work in the external world. If THAT I AM is forgotten and only I AM exists when in the external world, there is no alignment between Buddhi and Chittam and Chittam wanders in the outer world aimlessly.

If you forget THAT I AM and remain in the outer world, you get stuck in it until death befalls you. Every death is an accident and not a departure. It is a departure only when you know how to withdraw yourself from the outer world and go inside. This withdraw should be practiced daily before sleep. Outer identity cannot be taken inside. If you know your inner identity, you will also know your inner name. That is what we see in the story of Master DK.

So once the stable Chittam is established, one should visualise the feet of the Lord in our heart centre in alignment with the body. So we should withdraw from the outer world whenever we have no work in the outer world.

Now we have the outer world in our body itself. It is the mobile phone. The whole world is that mobile phone. It has become an involuntary action to us that we lift the phone without fail anywhere we are and anything we are doing. If you sit for prayer and lift every call that comes during prayer, there is no prayer. There is no prayer if you remain in the outer world. Once you sit for prayer or ritual, you should turn inward and remain inward until the prayer or ritual is complete.

So with a stabilised mind, you can sit stable in your heart centre, the Master gives his presence to you initially and then slowly you will be able to see him. The light of Buddhi is much greater than the light of Chittam. You will be able to see and experience that greater light. It falls on you all the time and this even permeates the body. This increases the glow in your body.

A Master knows whether the disciple is doing some fruitful practice or not just by seeing his face. The glow can be clearly seen in the face of that person.

If this practice can be goes on for a longer period, the light of Buddhi starts taking the shape of a body which is similar in image to your physical body. It is a body of light. Its age is much greater than the age of a physical body. Its life can be upto 1500 years too. This period can be renewed if the practice keeps going on. It is completely a different story from then on.

Your vision changes completely. You can see all the planets present in your body and how they are working in your body. All the knowledge comes from within. You can feel the presence of all the devas working in the body. You keep meeting many Masters in the plane of Buddhi.

All this become true only when you stabilise your mind and sit stable in the place of Buddhi. You attain the state of immortality. Then begins the process of the being becoming divine. So first is Amaratva (immortality) and then Brahmatva (becoming Brahman, the divine).

I am just giving you a brief of what will happen when you enter the plane of Buddhi. There is much more that will happen. We do not have sufficient time to discuss all that now. There will be inter-planetary work as well.

Master Maruvu has Ashrams in other planets as well. That is how the grand Masters work not only on our planet but on other planets as well. Everything will be a great experience.

He will have no more taste in the outer world because the taste of the inner world is much higher. But he will not neglect or reject the outer world. He keeps helping the people in the outer world in entering the inner world.

So do not feel that you are doing something very great without even having a stable Chittam. It is the first step without which there is no step forward.

The story of Savitri and Satyavan is one such story where Savitri even goes after Yama, the Lord of death to get her husband back from death. Can we go after the Lord of death like that? How could she go? It is because of her etheric body. Savitri is none other than the Master of Satyavan who was born as woman and married him and saved him from death. So Master may take any form to uplift you.

There are many such stories in our Scriptures. All are stories of death. Even Bhagawadgita and Bhagavatam begin with death. Why were they given to us? To tell us that we can overcome death and stand immortal forever.

Master CVV came down to lead us in the path of immortality. So what we have to do? I gave all the instructions and regulations that we should follow to move forward in this path. This is the purest path. We are lucky to be given an opportunity to tread this path. We should utilise that opportunity. If you just stay in the path given by Master CVV without doing anything, time passes but nothing happens. Adjustments do not happen without your doing anything.

You should have time for it, practice it, follow it and then Master will take care of the adjustments. So we had a very good group life for 3 days. The discourses also went very well. I did not go too far but all the initial instructions and regulations that one should follow were given in detail. Practice them to the extent possible.

- Swasthi.